



## Gold Quickstep 2022

Figures	Timing (in groups)
Spin Turn	SQQ SSS
V6	QQS SQQ
Quick open reverse	SSQQ
4 Quick run	SQQQQS
Running right turn (Slow)	SQQSSSSQQS
Running Right Turn (Quick)	SQQSSQQQQS
RF Shape	S
Tipple to left	QQS
Tipple to right	QQS
Tipsy to left	QaQ
Tipsy to right	QaQ
Lock to Centre	QQS
Quick Open Reverse	SSQQ
Tipsy chasse	SQaQ
Forward Lock	SQQS
Spin Turn	SQQSSS
Reverse Pivot	S
Chasse Reverse	SQQ

Figures	Timing (in groups)
4 Quick Run	SQQQQS
Passing Natural	SQQ
Running Finish	QQS

*For access to the supporting tutorial video for this routine, please consider subscribing to the Rubies Dance Centre Video Membership service. You can enquire about this by contacting us on [rubies@me.com](mailto:rubies@me.com)*